

# DENTAL NEWS

**VICTORIA DENTAL PRACTICE 01325 462361 [www.victoriadental.co.uk](http://www.victoriadental.co.uk)**



## Opening Hours

Mon 8.30-6.30pm

Tues 8.30-6.30pm

Wed 8.30-5pm

Thurs 8.30-5.30pm

Fri 8.30-4pm

Our "out of hours emergency service" is available to all our patients, but charges do apply for all who use this service.

These are subsided by Denplan for our Denplan patients. Please ring our answer machine for details. Information on our care, services, and how we secure your data and our working protocols are available on our website and reception.

**[www.victoriadental.co.uk](http://www.victoriadental.co.uk)**

For any queries, suggestions, compliments or complaints please ask to speak to Jayne Coe our practice manager who will be happy to try to help you. We also have an email contact form on our website if you have difficulty getting through on our busy phone line.



## CHRISTMAS OPENING HOURS

As usual the practice will stay open over normal working days, and there will be a dentist on-call from the practice throughout the Christmas and New Year Period. We hope everyone has a lovely festive period, but if you need us we are here.

**Our hours of work are:-**

Christmas Eve 8.30-12

Thursday 25th Dec- closed

Friday 26th Dec - closed

Monday 29th Dec-8.30am-12

Tuesday 30th, Dec- 8.30am-12

Wednesday 31st 8.30am-12

Friday 2nd- Jan open as usual

Do take care in the icy conditions and always wear headgear with bikes, rollerblades and other active xmas presents. If a dental accident occurs do contact the practice immediately, swift action makes a big difference. If an adult tooth is knocked out the following steps are recommended:

- Handle the tooth avoiding touching the root
- Remove any debris by gentle rinsing the tooth with water or milk
- Place the tooth by hand back into the socket, if possible or store in milk or saliva
- The child should see a dentist for treatment as soon as possible.

## Community Update 2025



We all try to do our bit to spread the word. James and Helen and the girls have visited junior schools and clubs to help introduce the pupils to dentistry and how to look after their teeth. Alison has volunteered with Dentaid to help people who need dentistry. We give xmas boxes to a local care home, and donate to charities- including Sara Cox for Children In Need-didn't she do well?! Amazing effort.

Do contact the practice if you would like Helen to organise a similar visit for your children's group or school, or have other suggestions- we'll always try to help where appropriate.

**All of us at Victoria wish you a Merry Christmas and a happy and healthy 2026.**