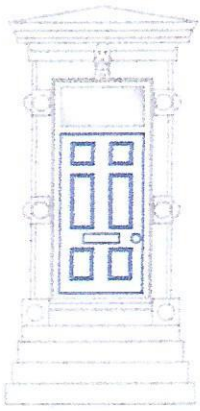


VICTORIA DENTAL PRACTICE
INDEPENDENT DENTISTRY

SPRING 2017



Helpful Dental Tips For Active Children

- Provide your child with a sports guard when playing contact sports.
- See your dentist immediately following any trauma
- Avoid letting your child play with a lolly stick/toys in their mouths
- Remember to always wear a helmet when cycling or riding and take care when it is icy.

First Aid for dental trauma of permanent teeth*

- Keep the child calm
- Find the tooth; touch only the crown (the white bit)
- If dirty, rinse briefly (10secs) and put it back in the socket if possible, or store in milk.If child is old enough keep it in the mouth between the back molars and the cheek.
- Seek emergency dental treatment immediately

*Taken from The Dental Trauma Guide - International Association of Dental Traumatology,

REMEMBER to look after your smile-brush your teeth in the morning and last thing at night. Avoid sugary snacks and drinks, and visit your dentist regularly for routine care, advice and confidence building

OPENING HOURS

MON 8.30- 7.00pm
 TUE 8.30.-6/7pm
 WED/THUR 8.30- 5.30pm
 FRI 8.30-4.30pm
 SAT 9- 12 by appt.

The practice is closed daily for one hour at lunch.

tel.01325 462361
www.victoriadental.co.uk

WE HAVE AN OUT OF HOURS EMERGENCY SERVICE, RUN BY US AT THE SURGERY WHICH IS AVAILABLE FOR ALL; THIS SERVICE IS SUBSIDIZED BY DENPLAN FOR OUR DENPLAN PATIENTS

PRINCIPALS
 SIMON HOLGUIN BCh.D.- 67217
 HELEN HOLGUIN BCh.D.- 65873



BE MOUTH AWARE:

if in doubt, get checked out

For further information please visit our facebook page, www.mouthcancer.org. and leaflets are available on reception.



DO YOU FIND IT DIFFICULT TO COME TO THE DENTIST?

The practice has available early morning and evening appointments so that you may not always need to come out of work to attend here.

For any suggestions or complaints please ask to speak to Jayne Younghusband our practice manager, who will be happy to try to help you.

Our aim is to always give quality family dental care in a relaxed environment.

MEDICAL HISTORY FORMS

We now ask every patient at every new course of treatment and exams to fill and sign a confidential medical history form. This is following General Dental Council guidelines, to ensure nothing is overlooked. We have simplified our old form to help, and also have large print copies available. We realise that some patients find it an inconvenience, and we apologize for this and the staff can help if needed. However the forms help us identify any medical complications or disease processes, and ensure the safest treatment options for all our patients. If you can come to the practice 5 minutes before your appointment time to do this it will ensure that more time can be spent in the surgery looking after your teeth for you.

In our practice survey, 100% of people questioned, stated they would recommend

Victoria Dental Practice and here are some of their reasons

"The service is excellent"...."friendly helpful staff, dentist and hygienist" .. "professional relaxed atmosphere and professional treatment" .."excellent treatment, and manner and expertise of dentist" "am now not nervous" "always accommodating when making appointments especially at